

| For Mother                                | For Baby                                 |
|---|--|
| Dressing Gown                             | Nappies (New born size)                  |
| 3 Nightdresses or PJs                     | 4 Vests or body suits                    |
| 5 Net briefs (panties)                    | 4 Baby grows                             |
| 4 Towels (not white)                      | 2 Pairs of cotton socks                  |
| 3 Face cloths (not white)                 | 2 Pairs of mittens                       |
| 2 Nursing bras                            | 1 Bonnet / Hat                           |
| Breast pads                               | 6 Muslin Squares                         |
| Maternity pads                            | 2 Hooded towels                          |
| Hair brush & comb                         | 1 Cellular Blanket                       |
| Shampoo & conditioner                     | 1 Blanket / Shawl / Bunty wrap           |
| Liquid soap                               | Top & Tails baby bath                    |
| Toothpaste & Toothbrush                   | Nappy changing mat                       |
| Deodorant                                 | Microwave sterilising bags               |
| Box of tissues                            | Wipes                                    |
| Lip Balm                                  | Nappy bags                               |
| Hand Sanitiser                            | Cotton wool                              |
| Plastic bag for dirty laundry             | Baby shampoo                             |
| Diaper bag                                | Liquid baby soap                         |
| Comfy slippers                            | Baby massage oil                         |
| Hot water bottle                          | Baby body lotion                         |
| Nipple cream                              | Nappy cream                              |
| Peri Bottle *optional*                    | Brush and comb                           |
|   | Natural sea sponge                       |
|   | 2 - 3 Anti-colic bottles (smallest size) |
|   | Bottle brush                             |
|   | Pacifiers                                |
|   | Nail Trimmer                             |
| <b>Recommended Hardware</b>               | <b>Optional Hardware / Accessories</b>   |
| Travel system: Pram, Car seat, pushchair. | Car seat isofix base                     |
| Baby bath                                 | Car seat rear view mirror                |
| Nappy changer                             | Car seat rain cover                      |
| Cot                                       | Next to me or Co-sleeper                 |
| Mattress                                  | Bouncer, relaxer or swing                |
| Waterproof sheet liners                   | Play gym                                 |
| Breast Pump                               |  |
| Steriliser: Electric / Microwave          | c20                                      |
| Anti-Colic Bottles                        | €30  Voucher who  anding €1              |
|   | Voucher White Spending €1                |











